

## Lesson Notes

### Your Struggle with Sin (5)

#### The Reason Why You Can't Get It Right

**My goal for you is TRANSFORMATION**

**Transformation is unattainable unless (you) take action.**

**Romans 12:2 TPT**

Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes.

**James 2:20 TPT**

When will you ever learn that "believing" is useless without *doing* what God wants you to? Faith that does not result in good deeds is not real faith.

**Journaling is the key to unlock your dreams and destiny.**

**For you to get the most from this lesson, it is necessary to apply what you are learning. We recommend completing these action steps:**

- While listening to the podcast, write down the things that stand out the most to you.

Immediately after listening to the podcast, write down the ONE Thing that stood out the most for you and the ONE Action Step you are going to take as a result of this message.

## Lesson Notes

### The Body of Sin

#### **Romans 6:4 NKJV**

Therefore, we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also **should walk in newness of life.**

#### **AMP**

We have therefore been buried with Him through baptism into death, so that just as Christ was raised from the dead through the glory *and* power of the Father, we too might **walk *habitually* in newness of life [abandoning our old ways].**

Walking in newness of life doesn't automatically happen, but depends on you renewing your mind.

#### **Romans 6:5-6 NKJV**

For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of *His* resurrection, <sup>6</sup> knowing this, that our old man was crucified with *Him*, that **the body of sin might be done away with**, that we should no longer be slaves of sin.

#### **AMP**

For if we have become one with Him [permanently united] in the likeness of His death, we will also certainly be [one with Him and share fully] *in the likeness* of His resurrection. <sup>6</sup> We know that our old [c]self

[our human nature without the Holy Spirit] was nailed to the cross with *Him*, in order that our body of sin might be done away with, so that we would no longer be slaves to sin. <sup>7</sup> For the person who has died [with Christ] has been freed from [the power of] sin.

## **The Body of Sin**

### **James 2:26 NKJV**

For as the body without the spirit is dead, so faith without works is dead also.

When we die in the natural our physical bodies take time to decay. As our physical bodies look the same, the body of sin which is your carnal/fleshly mind remains programmed with the former software.

### **Ephesians 2:1-3 NKJV**

And you *He made alive*, who were dead in trespasses and sins, <sup>2</sup> in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, <sup>3</sup> among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.

### **AMP**

And you [He made alive when you] were [spiritually] dead *and* separated from Him because of your transgressions and sins, <sup>2</sup> in which you once walked. You were following the ways of this world [influenced by this present age], in accordance with the prince of the power of the air (Satan), the spirit who is now at work in the disobedient [the unbelieving, who fight against the purposes of

God]. <sup>3</sup> Among these [unbelievers] we all once lived in the passions of our flesh [our behavior governed by the sinful self], indulging the desires of [a] human nature [without the Holy Spirit] and [the impulses] of the [sinful] mind. We were, by nature, children [under the sentence] of [God's] wrath, just like the rest [of mankind].

**We are new creatures in Christ, but our old man left behind a mindset which needs reprogramming according to the word of God.**

### **Proverbs 23:7 NKJV**

For as he thinks in his heart, so *is* he.

We died to sin. Therefore, when we sin, we simply reflex in our actions to old ways of thinking reinforced by the carnal world around us.

A simpler definition of the flesh is every thought, emotion, desire, and part of you that isn't under the control of your new created spirit.

We must mind our spirit.

### **Philippians 2:5 NKJV**

Let this mind be in you which was also in Christ Jesus