

Lesson Notes

Your Struggle with Sin

Part 1

My goal for you is TRANSFORMATION

Transformation is unattainable unless (you) take action.

Romans 12:2 TPT

Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes.

James 2:20 TPT

When will you ever learn that "believing" is useless without *doing* what God wants you to? Faith that does not result in good deeds is not real faith.

Journaling is the key to unlock your dreams and destiny.

For you to get the most from this lesson, it is necessary to apply what you are learning. We recommend completing these action steps:

- While listening to the podcast, **write down the things that stand out the most to you.**
- Immediately after listening to the podcast, **write down the ONE Thing that stood out the most for you and the ONE Action Step you are going to take as a result of this message.**

Lesson Notes

Romans 5:17,18-19 NIV

I do not understand what I do. For what I want to do I do not do, but what I hate I do.

18-19 For I have the desire to do what is good, but I cannot carry it out. ¹⁹ For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.

2 Corinthians 5:17 NKJV

Therefore, if anyone *is* in Christ, *he is* a new creation; old things have passed away; behold, all things have become new.

The Anatomy of Mankind

1 Thessalonians 5:23-24 NKJV

Now may the God of peace Himself sanctify^[g] you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. ²⁴ He who calls you *is* faithful, who also will do *it*.

Spirit- the Divine God Nature of man designed to be in regular communion with God.

Soul- the mind, intellect, will, emotions, the choice or decision-making part of man, specifically the personality. It is the part of man that enables him to function in this world (language, math, social skills etc....)

Body- is the house in which the spirit and soul live, and provides the means whereby they express themselves.

John 3:6 NKJV

That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.

You are a spirit, you have a soul, and live in a body.

The spirit is the real you.

James 2:26 NKJV

For as the body without the spirit is dead, so faith without works is dead also.

The hierarchy of man is spirit, soul and body.

Hierarchy- a system of organization where one is ranked above another according to authority.

Your Spirit is the part of your anatomy that is born again.

1 Corinthians 6:17 NKJV

But he who is joined to the Lord is **one spirit** *with Him*.

Facts about the born-again spirit

Fact 1:1 John 4:17 NKJV

Love has been perfected among us in this: that we may have boldness in the day of judgment; because **as He is, so are we in this world.**

Fact 2: Ephesians 4:17,24 NKJV

This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, ^{and} that you put on **the new man which was created** according to God, in **true righteousness and holiness.**

Fact 3: Colossians 2:10 NKJV

You are **complete in Him**, who is the head of all principality and power.

Complete: Greek: **pleroo(4137)** to furnish, finish, accomplish, expire, make full and perfect(**mature**).

Fact 4: Hebrews 10:10,14 NKJV

We have **been sanctified** through the offering of the body of Jesus Christ **once for all**. For by one offering He has **perfected forever** those who are being sanctified.

Been sanctified and sanctified forever refers to the spirit. Whereas being sanctified refers to the soul.

Hebrews 12:23 NKJV

To the general assembly and church of the firstborn *who are* registered in heaven, to God the Judge of all, to the **spirits of just men made perfect.**

Next Episode will talk about the salvation of the soul

James 1:21 NKJV

Therefore lay aside all filthiness and ^[d]overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.