**Lesson Notes**

**Your Struggle with Sin (3)**

**Your Heart is Divided**

**My goal for you is TRANSFORMATION**

**Transformation is unattainable unless (you) take action**.

**Romans 12:2 TPT**

Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God’s will as you live a beautiful life, satisfying and perfect in his eyes.

**James 2:20 TPT**

When will you ever learn that “believing” is useless without *doing* what God wants you to? Faith that does not result in good deeds is not real faith.

**Journaling is the key to unlock your dreams and destiny.**

**For you to get the most from this lesson, it is necessary to apply what you are learning. We recommend completing these action steps:**

* While listening to the podcast, **write down the things that stand out the most to you**.

Immediately after listening to the podcast, **write down the ONE Thing that stood out the most for you and the ONE Action Step you are going to take as a result of this message.**

**Lesson Notes**

**Genesis 2:7 NKJV**

And the Lord God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.

**Breath**-Hebrew: neshamah which means wind, angry or vital breath, divine inspiration, intellect, soul, spirit.

**1 Thessalonians 5:23 NKJV**

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

The heart is not mentioned here but obviously has to fit in somewhere because according to scripture it has a tremendous impact on life.

**Proverbs 23:7 NKJV**

For as he thinks in his heart, so *is* he.

**Hebrew** (5315) nephesh: breathing creature taken from (5314) naphash meaning to breathe, to be breathed upon, refreshed (as if by a current of air).

**Proverbs 4:23 NKJV**

Keep your heart with all diligence,  
For out of it *spring* the issues of life.

**Heart**: Hebrew (3820) **leb**: very widely for the feelings, the will and even the intellect. Likewise, the centre of anything. (3824) **leba**b the most interior organ, used like (3820).

**Issues**: Hebrew (8444) totsaah; boundaries, borders, source and outgoings

Greek:(2588) **kardia**, the thoughts or feelings(mind), also the middle. (4641) **sklerokardi**a meaning hardness of heart, destitute of spiritual perception.

We already know according to Genesis 2:7 God breathed into man the breath of life and he became a living being.

**Breath**-Hebrew: **neshamah** which means wind, angry or vital breath, divine inspiration, intellect, soul, spirit.

The word breath in Hebrew is also translated spirit in the bible.

**Proverbs 20:27 NKJV**

The spirit of a man *is* the lamp of the Lord, searching all the inner depths of his heart.

**Spirit**:(5397) **neshamah** from (5395) **nasham**: wind, angry or vital breath, divine inspiration, intellect spirit soul.

**Matthew 26:41 NKJV**

The spirit indeed *is* willing, but the flesh *is* weak.”

Before the fall the spirit is one with the HS and is the life source of the soul. In the fall, the spirit dies(separates) from the life of God. This event recalibrates the heart. The issues of life (source, outgoings, boundaries) shift completely over to the soul and causes a redefining of life by sensual influence.

**Mark 7:21-23 NKJV**

For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, **22**thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. **23**All these evil things come from within and defile a man.”

**Matthew 12:33-35 NKJV**

Either make the tree good and its fruit good, or else make the tree bad and its fruit bad; for a tree is known by *its* fruit. **34**Brood of vipers! How can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks. **35**A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things

**1. Speaking Evil from the Heart**

Here is illustrated two trees.

1. Good tree bearing good fruit

* Spirit eating from the Tree of Life.

2. Bad tree bearing bad fruit

* Soul eating from the Tree of the Knowledge of Good and Evil.

**2. Adultery from the Heart**

**Matthew 5:28 NKJV**

But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

**3. Envy, Strife and Selfishness in the Heart**

**James 3:14 KJV**

But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.

**NKJV**

But if you have bitter envy and self-seeking in your hearts,

**4. Doubting Heart**

**Mark 11:23 NKJV**

For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart,

**Luke 24:25 NKJV**

O foolish ones, and slow of heart to believe,

**5. The Educated Heart**

**Proverbs 15:28 NKJV**

The heart of the righteous studies how to answer,

**Romans 12:2 NKJV**

Be transformed by the renewing of your mind

**6. Evil/Wicked Imaginations of the Heart**

**Proverbs 6:18 KJV**

An heart that deviseth wicked imaginations,

**Genesis 6:5-6 NKJV**

Then the Lord saw that the wickedness of man *was* great in the earth, and *that* every intent of the thoughts of his heart *was* only evil continually.

**The Promise of a New Heart and New Spirit**

**Ezekiel 11:19, 36:26 NKJV**

Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh

**Jeremiah 31:33 NKJV**

But this *is* the covenant that I will make with the house of Israel after those days, says the Lord: I will put My law in their minds, and write it on their hearts; and I will be their God, and they shall be My people.